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| RUTGERS HEALTH- Children's Center for Resilience and Trauma Recovery presentS:Youth Mental Health First Aid Online!Youth Mental Health First Aid is designed to teach caregivers, family members, school staff, law enforcement, faith leaders, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis. Youth Mental Health First Aid is primarily designed for adults who regularly interact with young people and would like to learn more about the signs and symptoms of mental illness and the best strategies for support and referral.  |
| Your presenters for this event will be:Dr. Schenike Massie Lambert Michelle Pigott, MAThis 7.5 hour training requires that allparticipants complete a 2-hour self-studycourse online prior to your live 5.5 hourtraining with an instructor.Detailed instructions will be sent following registration. |

Capacity is limited for this workshop.[Register for June 22, 2021](https://rutgers.cloud-cme.com/course/courseoverview?P=5&EID=9599) [Register for July 13, 2021](https://rutgers.cloud-cme.com/course/courseoverview?P=0&EID=9600&formid=1722) |  |

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| 1 in 5 teens has had a serious mental health disorderTaSuicide is the 2nd leading cause of death for 15-24-year old’sTraining is ideal for anyone who works with youthLoJune 22, 20219:00am-2:30pm or July 13, 2021 9:00am-2:30pm (select one training date)TaAttendance is free |
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| This training will be hosted via Zoom, please note that participants must complete the 2-hour self-study course prior to this training date. Instructions will be sent following registrationFor more info email: Dr. Massie Lambertt |
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